

GLA21 OBSERVATION FORMS — 5 PAGES

MILESTONE 2

- Please put in your tutees' names in full. • Place a tick in the columns.
- Adjust the notes if appropriate.
- Separately ensure your tutees are informed via Moodle that they have fulfilled the requirements for the Learning Outcome.
- When complete please email to IQA.

LO 1.4 Milestone 2 Ass 1.4c Practice Core Skills of meditation (See also evidence submitted for Assignments 1.4a; 1.4b)	I observed these learners successfully fulfilling these requirements in multiple weekly sessions up to the end of Milestone 2 (20.10.21; 27.10.21; 3.11.21; 10.11.21; 17.11.21; 24.11.21; 1.12.21; 8.12.21; 15.12.21; 19.1.22; 26.1.22; 2.2.22; 9.2.22; 16.2.22; 23.2.22; 2.3.22; 9.3.22; 16.3.22)									
	Signed:					Date:				
	Skills Observed <ul style="list-style-type: none"> • Sits in comfortable pose • Intentionally drops into stillness • Intentionally regulates soft rhythmic breath • Calm relaxed face • Maintains meditative body language for sustained period 									

<p>LO 2.3 Milestone 2</p> <p>Ass 2.3a; 2.3b Engage in reflective conversations with others about own developmental process</p> <p>(See also evidence submitted for Assignments 2.3a; 2.3b)</p>	<p>I am satisfied through individual observation in multiple contexts (plenary and tutor groups) that the following tutees have met the requirements for this LO. (Tutor sessions: 2, 4; 17.11.21; 24.11.21; 1.12.21; 19.1.22; 26.1.22;2.2.22; 9.2.22; 16.2.22; 23.2.22; 2.3.22; 9.3.22; 16.3.22)</p> <p>Signed: _____ Date: _____</p>									
	Skills observed									
	<ul style="list-style-type: none"> • Is transparent about their own developmental challenges and difficulties. • Listens to and positively receives feedback about their process. • Identifies and discusses circumstances in their life were they learned about themselves. 	√	√	√	√	√	√			
	<ul style="list-style-type: none"> • Discusses with others difficulties and hurdles they have had to overcome and how they did this. 	√	√	√	√	√	√			

LO 3.1 Milestone 2 Ass 3.1b Discuss the historical and cultural relationship between spirituality and medicine (See also submitted for Assignments 3.1a; 3.1c)	I am satisfied through individual observation in sessions 11 (26.1.22) and 12 (2.2.22) that the following students have met the requirements for this LO.									
	Signed:					Date:				
	Skills observed									
<ul style="list-style-type: none"> • Demonstrates an awareness of the historical relationship between medicine and religion/spirituality • Contributes meaningfully to discussion • Asks relevant questions to gain clarity 	√	√	√	√	√	√	√			

<p>LO 4.3</p> <p>Milestone 2</p> <p>Ass 4.3a, b, c</p> <p>Demonstrate whole body listening for a sustained period with an individual and a group</p> <p>(See also submitted Assignments for 4.3a; 4.3b; 4.3c)</p>	<p>I observed these learners successfully fulfilling these requirements in multiple weekly sessions up to the end of Milestone 2 (20.10.21; 27.10.21; 3.11.21; 10.11.21; 17.11.21; 24.11.21; 1.12.21; 8.12.21; 15.12.21; 19.1.22; 26.1.22; 2.2.22; 9.2.22; 16.2.22; 23.2.22; 2.3.22; 9.3.22; 16.3.22)</p> <p>Signed: _____ Date: _____</p>									
	<p>Skills Observed</p>									
	<ul style="list-style-type: none"> • Display appropriate body language: <ul style="list-style-type: none"> ○ Eyes looking at companion ○ Mouth quiet, no talking, humming etc. ○ Hands quiet and still. ○ Feet quiet and still. ○ Body faces the speaker. ○ Body positioning, including mirroring, appropriate to conversation. • Reflects back to companion that they have been heard and understood. 									

<p>LO 4.4 Milestone 2</p> <p>Ass 4.4a, b</p> <p>Demonstrate the communication skills of spiritual companioning</p> <p>(See also submitted for Assignments 4.4a; 4.4b)</p>	<p>I am satisfied through individual observation in multiple contexts (plenary and tutor groups) that the following tutees have met the requirements for this LO. (Tutor sessions: 2, 4; 17.11.21; 24.11.21; 1.12.21; 19.1.22; 26.1.22; 2.2.22; 9.2.22; 16.2.22; 23.2.22; 2.3.22; 9.3.22; 16.3.22)</p>									
	Signed:					Date:				
	<p>Skills Observed</p>									
<p>Builds on 4.3 above.</p> <ul style="list-style-type: none"> • Benevolent Presence • Holding • Patience • Guides companion appropriately • Follows the Spiritual Companions Agreement 										