



Your Spiritual Health Programme Booklet 2019 Pricing for Spiritual Companions

March- April 2019 launch	Running taster sessions for the launch	Free or voluntary postage contribution
May 2019 onwards	For sessions going through the booklet with groups and individuals informally and unpaid	Free or voluntary postage contribution
May 2019 onwards	For sessions going through the booklet with groups and individuals which are commissioned, contracted or paid	£2.50 each (to cover production and mailing costs)
May 2019 onwards	Distribution in public places; amongst contacts	£2.50 each (to cover production and mailing costs)
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